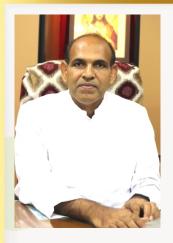
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From the **Principal's** Lectern

Fr. Sheejo Attupuram CMI

Several years ago, a bright little boy in a government school in Kerala had a better dream. He wanted to be a doctor. He did well in school, and everybody was convinced that this little boy would someday become a fine doctor. He wrote the entrance exam but failed to cut it! He was devastated.

The turn of events took his parents aback. Undeterred, he pursued a BSc and then a master's. He ventured into the corporate world, working with an IT firm, and eventually cofounded Infosys. This boy, Kris Gopalakrishnan, became the ex-CEO of Infosys. Had he not faced that initial setback, he might have been practicing medicine in a small town in Kerala today.

The lesson from Kris is to believe in yourself. The next time you face failure or a setback, look out for the other door, push it open, and find your place in the sun.



Correspondent's Desk

Fr. Joseph Simon CMI

Dear Students,

As we embark on another exciting months of learning and growth, I wanted to share a short story that reminds us to find wonder in the simple things:

A boy always walked past the old, locked gate on his way to school. Overgrown thick bushes hid whatever was on the other side, but one day, he noticed something strange. A small key was lying in the grass near the gate. Curiosity took hold, and he picked up the key, wondering if it would fit the lock.

With a click, the gate creaked open, revealing a hidden garden, full of blooming flowers and chirping birds. He was amazed. Every day after school, he would return to the garden, where he found peace and a sense of adventure in nature's quiet embrace. What he discovered wasn't just a secret garden, but a place that helped him to see the beauty in the world around him.

My dear children this story reminds you that sometimes the most beautiful things are right in front of us, waiting to be discovered. Let's all take a moment to explore our own "hidden gardens" and appreciate the little wonders we often overlook.

Discover the beautiful things every day from this "Temple of Learning" and enjoy your days here!



In a faraway village, there lived an old man. He had very few years left in him. He must have been 80 years old or even more. No one knew his age. He was just an old man in the village

Every day he would wake up and leave his house, go for a tiny walk outside the village and come back.

Binny and his family had just moved into the house next to the old man's house. Binny was an observant young boy and he noticed that the old man goes out every day the same time

Binny was also a very curious boy. He wanted to know what the old man was upto. One day he followed the old man without being seen. After walking a short distance, he noticed that the old man stopped near a small mango plant. He fetched a small bucket and filled it with water from the nearby pond and watered it.

Binny was amazed at this. He forgot all about not being seen and went straight to the old man and asked him, "Sir, you are so old and you are watering such a tiny tree, you will probably never be able to eat its fruit."

The old man let out a laugh and explained that he knew that he would never be able to enjoy the fruits of his labour, but he was watering the plant for the future generations' benefit. Also, I love the walk and the purpose this plant gives me

We often look for results and many of our actions are directed toward getting

results. This is a beautiful story to remind us all that sometimes the action itself is the reward and we need not always focus on the results.





### BLESSING CEREMONY

#### OF FOUNDATION STONE FOR NEW SCHOOL BLOCK

The blessing ceremony of the foundation stone for the new school block was done on 23rd May 2024. The ceremony began with a welcome address given by the respected Principal, Rev.Fr.Sheejo CMI. The honourable Provincial Rev. Fr. Dr Saju Chackalackal CMI, Presitha Province, Coimbatore, presided over the blessing ceremony with a splendid message. Fathers

and sisters from different institutions and PTA representatives adored the session with their joyful presence. The Brothers of Little Flower Minor Seminary and Carmel Jyothi CMI Public School staff carried out an excellent prayer session. Fr. Joseph Kovathuparambil, The Correspondent, proposed the vote of thanks. The ceremony ended up with a sweet distribution.







































### ACADEMIC INAUGURATION 2024-2025

"Every good and perfect gift is from above, coming down from the father of the heavenly lights, who does not change like shifting shadows"

Education should impart cultural values and educate students with a broader perspective on the world and the tools they need to investigate it. The goal of education is to develop fully mature humans who are capable of forming moral judgments. It highlights the capacity to think things out mentally before acting on them. Transmitting society's culture to the next generation is education's primary goal in schools. And via this inauguration ceremony, we, the people, feel privileged to start along the path of enlightenment. And it was organised on June 24th.

The ceremony began with an invocation dance, followed by a welcoming speech from Master Nandha Pranav. B, the lamp was lit, and the major guest of the day, Rev. Fr. Antony Kalliath CMI, was honoured, embellished with the chief guest message, Following the grade 6 students' offertory procession, new staff and students were welcomed, progressed with the excellent message of the correspondent, Rev. Fr. Joseph CMI, followed by the boisterous Vidyarambham ceremony of the little ones from the KG section. Prizes were distributed for students who secured full attendance for the last academic year and young athlete Tanushrisivanyaa and concluded with the kind words of gratitude given by Mithra. V from grade 6.















## CABINET MEMBERS ELECTION









POSITION	NAME	CLASS
Head boy	Swithin Leo Frank.	Grade VII
Head girl	Tharuka sri S	Grade VI
Sports-Captain	Yalini A K	Grade VII
Vice Sports-Captain	Prajin Varun S M	Grade VI
Cultural secretary	Harith N	Grade VII
Joined Cultural secretary	Rani Nachiyar M	Grade VI

#### A leader is one who knows the way, Goes the way, and shows the way.

During the school election process, students can learn about the steps in selecting the best candidates for a particular



position by exercising their right to vote and selecting a governing body that speaks for all of the school's students.

On July 4 and 5, Carmel Jyothi CMI Public School held elections for the student council. The process began with a primary election on July 4, where students selected the candidates for different positions.

A general election for grades 5, 6, and 7 students took place on July 5. They had picked candidates for the positions of head boy, head girl, sports captain, vice sports captain, cultural secretary, and joint-cultural secretary. The candidates were elected based on their votes.

Each candidate was required to run a campaign, outlining their suitability for the position they were seeking. A total of three students were nominated for each position, and voting was conducted among the students for each category. The students with the most votes were ultimately chosen to serve as members of the school cabinet once the ballots had been counted.







#### 3D EDUTAINMENT SHOW

A 3D edutainment show was organised in our school on July 12, 2024 Students from KG-1 to Grade VII participated in the show. The show comprises the following attractions for the time period of 40 minutes.

- Ø A space journey
- Ø Tiny Dinosaur
- Ø Solar system
- Ø First man on the moon

# Kamarajar Birthday and Mount Carmel Day Celebration.

The 121st Birthday of former Chief Minister of Tamil Nadu, K. Kamaraj, who is revered as the father of the renaissance of Education in Tamil Nadu. His birth anniversary is observed as Tamil Nadu's Educational Development Day, a day that serves as a reminder of his monumental contribution to the advancement of school education facilities in our state. His vision and dedication continue to inspire us and we are deeply appreciative of his legacy.

On July 18, we celebrated Kamarajar Birthday and Mount Carmel Day, the celebration geared up with a prayer, a mind-blowing welcome address was given by Dhiyana from grade V, extended with a warm message of the eminent correspondent, Rev. Fr. Joseph Kovathuparambil CMI; flourished with the Angelic voices of the choir students, Legit Principal, Rev.Fr. Sheejo CMI gave a mind blowing message; and a wonderful speech about role of mother Mary in our daily lives and holiness of Mother Mary was presented by Andrea Pereira of Grade V. Festooned with a wonderful skit about Kamarajar, an elegant dance was presented by the students of grade 5, which ended up with the prize distribution. Rua Mariya finally proposed words of gratitude from grade 5.

On behalf of Kamarajar Birthday and Mount Carmel Day Celebration, we conducted numerous competitions for the students. The List of prize winners are given below





was co	Englis Induc Mou for	sh Elocution ted on the topic of unt Carmel r Grade V	Poster-making competitions were conducted on the topic of Welfare schemes of Kamarajar for Grade VI		Poster-making competitions were conducted on the topic of Welfare schemes of Kamarajar for Grade VII			
PRIZE INNERS	1	Andrea Pereira A Shri Nisha B	PRIZE TINNERS	1	Nanadha pranav.B Rani Nachiyar .M	PRIZE INNERS	1	Angel.W Thara Vidyutha K
PRI	3	Kaveya S.M	PRI	3	Mithra. V	PRIZE	3	Harith. V

#### DCL COLOURING COMPETITION

#### "Colours are brighter when the mind is open".

The benefits of colouring and painting for kids go way beyond fun. In this modern world, there is a huge demand for innovation and creativity, out-of-the-box thoughts, and extraordinary interpersonal and communication skills. Colouring and drawing both help kids mend fine motor skills. It builds concentration and trains the brain to focus.

To bring out the innovative and out-of-the-box thinking skills from the students of Carmel, All India colouring competitions were conducted for students from grades 1 to 7 on 12th August 2024.















#### **EYE CAMP**

The world is real to you. It can be as big or small as you like.

Academic achievement is significantly influenced by having a healthy vision. Movement, teamwork, and focus of the eyes are all parts of eye coordination. For children to see clearly, their eyes need to move, shift focus, and cooperate.

On August 2, 2024, in association with the Eye Foundation, Pollachi, Carmel Jyothi School organized an eye camp on the school premises. Eye-foundation optometrists evaluate pupils' eye coordination, focus, and movement.







# INDIAN INDEPENDENCE DA

Indian Independence Day is one of those occasions that calls for a big celebration because we, as Indians, celebrate this day as a festival. India gained its independence from the British Empire on August 15, 1947, after 200 years of servitude under the British Empire. India's 78th anniversary of independence is being enthusiastically observed nationwide as "Viksit Bharat" ' which aligns with the government's vision of transforming India into a Developed Nation by 2047, coinciding with the 100th year of Independence.

We could see the light of day after many years of battle, during which our freedom warriors were hanged, imprisoned, and tortured. On this day, we celebrated Independence Day to recognize the leaders' legacies and sacrifices.

On August 15, the function began at 8:30 am with a prayer song, followed by Angel of grade 6, who delivered the welcome address and ended with the unfurling of the flag by our chief guest of the day, Rev. Fr. Francis Xavier CMI. To remind us of our obligations and responsibilities, Yalini of grade 6 delivered a pledge; Ms. Sampreetha gave a pleasant chief guest introduction, which was embellished by honouring the day's chief guest, Rev. Fr. Francis Xavier CMI, bloomed with the chief guest message and was adorned with the investiture ceremony of the cabinet members.

The Independence Day event only concludes with bringing national leaders to our attention. The students in classes 1 and 2 brought to life the leaders who fought for India's independence through their superb costumes and orations. The program was also loaded with eye-catching performances by grade 3, 4, 5, and 6 pupils, such as Mime, Drama, Patriotic song, and Dance pyramid formation, decorated with prize distribution and closed with words of gratitude provided by the newly elected head boy Master Swithin Leo Frank. It was indeed a happy moment of pride for the school, overflowing with patriotism.

On account of Independence Day, on August 8, we conducted competitions for Grade 3 to 7 classes.









Grade I	Grade II	Grade-III  Drawing and Colouring Competition -	Grade -IV (Drawing and Colouring Competition -	
Fancy Dress – National Leaders	Fancy Dress- Community Helpers	National Symbols of India	National Symbols of India)	
1 Thanvin Ram S	1 Shanmitha T P	1 Thamilini K	1 Pugalvarshini K	
2 Fabio V	2 Himanika G	2 Krishanth Vikram K	2 Navya M	
3 Jamila Sana M	3 Kevin Cleetus J	3 Inika P J	3 Rithanya S	
		Grade -\	/, VI, VII (Quiz Competition)	
We a series	The Alegan	Grade V 1st Place	1 Tharukasri S	
		irade	2 Pranav A	
A THANK	t HAIT III	William P. W.	3 Mithra V	
		Grade VI 2nd Place	4 Ameya A	
HAPPY INDEPENDENCE DAY		rade d Pli	5 Praneeth Niswan S	
	G.	Z G	6 Kaarunya P	
		e =	7 Harith N	
		Grade VII 3rd Place	8 Kavin P	
		S. G. S.	9 Swithin Leo Frank L	
DEPENDENCE DAY		MATERIAL DESIGNATION OF THE PROPERTY OF THE PR	TATE INDERENDENCE DE	
DENCE DAY	NIDER STORNE DAY	INDEP I DENCE IN		

#### **ROBOTICS WORKSHOPS**

The next generation must understand how they can change the world, especially in light of the expanding economy and increased need for STEM professions. Students have the chance to develop deeply into robotics and discover how computer programming and robot design can address significant and minor issues through robotics camps and classes! For students in grades 6 and 7, we are holding robotics workshops where they may learn how to construct useful things to others, have faith in their ideas, and bring them to life.























#### **PARENTS-TEACHER MEETINGS**

Parents-teacher meetings are a great way to guarantee a child's best academic and extracurricular performance and learn about and work on improving and modifying kids' outcomes. We held a parent-teacher conference on August 10, 2024, emphasizing FA1 examinations.

#### Teachers' development programs Macmillan -Edu sol

"Anyone can change with the right education. But everything may be changed by a skilled teacher."

Macmillan offered many interactive teacher orientation workshops for grade teachers and Edu sol for kindergarten teachers at the start of the academic year. These initiatives served as a link to help teachers learn about the topics and curriculum by utilising both online and offline resources.

## **CLASS DAY PERFORMANCES** To equip the students for all the activities in our school, we are conducting class day performances.

#### **ENVIRONMENT DAY - JUNE 14**

The United Nations General Assembly declared June 5th to be World Environment Day (WED) in 1972. The inaugural event, with the theme "Only One Earth," happened in 1973. Over the years, WED has grown as a forum for bringing attention to environmental issues, including plastic pollution, illegal wildlife trade, air pollution, sea level rise, sustainable consumption, and food security. Based on this, grade VII students participated in the World Environment Day celebration on July 14 by presenting a skit and a dance, which had a significant impact on the students' understanding of pollution.









#### **MALALA DAY - JULY 11**

The United Nations first celebrated International Malala Day on July 12, 2013. The day marked one year since the Taliban attacked her for opposing their restrictions on female education in Pakistan. Despite the assault, Ms. Yousafzai survived and became a worldwide education champion. Therefore, to honor her work, the UN officially announced July 12 as International Malala Day in 2015.

We celebrated Malala Day on July 11 to portray her courage and sacrifice. Grade VI students presented a wonderful contemporary dance performance and an amazing Mime, reflecting the importance of women's Education based on the voice of Malala. Additionally, a video was played to showcase the life of Malala Yousafzai and create awareness about her.





#### **WORLD ORGAN DONATION DAY - AUGUST 13**

Every year on August 13, World Organ Donation Day is marked as an important reminder of the amazing impact organ donation can have on people and families all across the world. On this day, misconceptions regarding the value of organ donation are debunked, and people are reminded to give their organs.

**Be the Reason for Someone's Smile Today!** This year's World Organ Donation Day slogan highlights organ donation's incredible impact. On August 13, 2024, fifth graders observed World Organ Donation Day Additionally, students raised awareness of the value of organ donation with a lovely dance performance and a fantastic mime that illustrated its significance.



#### KG'S CORNER

#### FLOWERS DAY- June 26

"Love is the honey for which life is the flower."

On June 26, 2024, our little infants in KG-I celebrated Flowers Day magnificently on the school grounds. The purpose of this day was to introduce youngsters to many types of flowers, as well as their colors and shapes. It was a very pleasing occasion, and our parents deserve kudos for their continuous involvement in their children's education. During Flower Day, the children performed beautiful dances, gave inspiring talks, and we conducted a coloring competition on behalf of flowers day

#### PRIZE WINNERS FROM KG-I A

- 1 Mugilvarman.S
- 2 Daksha.K
- 3 Arjun.M

#### PRIZE WINNERS FROM KG-I B

- 1 Sarveshwar.D
- 2 Diya Laxshmanan
- 3 Dharshana.A







#### **GREEN DAY - June 28**

On June 28, 2024 KG-II, observed green day in an educational manner, teaching kids about the significance of the color green and its advantages for human wellbeing.

Numerous events, including lively talks and dance performance were taken place on campus.

The children's bubbling energy and amazing green costumes gave off a peaceful, meditative, and energizing vibe. On the event of green day, leaves sticking competitions were conducted

conducted			
PRIZE WINNERS FROM KG-II A	PRIZE WINNERS FROM KG-II B		
1 Asra Jayaprakash	1 Dakshith.Y		
2 Manikavel.S	2 Mervin.l		
3 Aadhavi.R.M	3 Uthra. C		





#### YELLOW DAY - July 26

Pre-Kg children celebrated Yellow Day on July 26, 2024. Yellow is associated with happiness, optimism, splendor, and sunshine. It represents optimism, enthusiasm, intelligence, and freshness.

Yellow Day was observed to educate pupils about the color yellow, its importance, and the development of their fine motor skills. The lively introduction to the color yellow kicked off the virtual session.

Every student had on an outfit that included various tones of yellow. Seeing the effect of the golden color on our little angels on the screen was a visual pleasure. Coloring the flowers competition was conducted on behalf of Yellow Day.

#### THE PRIZE WINNERS FROM PRE - KG

- 1 Dhanya.S.S
- 2 Thamiliniba S. S
- 3 Diya.R





#### RED DAY- July 29

RED signifies brightness, courage, passion, and happiness, which was glowing on the shining faces of our KG-I little ones on July 29, 2024. They were exposed to the mesmerizing realm of colours.

Through this activity, children learnt about the colour 'Red' and its beauty. Bulletin boards and classrooms were crafted for the day. Teachers carefully planned activities to involve the children in the learning process, which rekindled their minds and enhanced their cognitive skills.

Cheerful children arrayed in exotic red outfits filled the air with joy, laughter, and vitality.

The students received strawberries fashioned from ice sticks as a sign of love. Filling in pictures with finger impressions was an enjoyable exercise, that kids competed in honor of Red Day.

#### PRIZE WINNERS FROM KG-1 A

- 1 Yogna.V.I
- 2 Dheeran. D
- 3 Pragatheera. V

#### PRIZE WINNERS FROM KG-1 B

- 1 Mahilmithran.S.V
- 2 Midhul Madhav.M
- 3 Thanu shri shivanya.A



13



#### **SEASONAL DAY CELEBRATION - JULY 31**

One does not need to wait for the climate to change from summer to rain and winter to spring.

Our KG - II students observed Seasonal Day on July 31, 2024. Students learned briefly about the four distinct seasons. A variety of seasonal objects, including snowmen, butterflies, flowers, the sun, and umbrellas were introduced to the kids. Students also participated in competitions on the theme of pasting pictures of seasonal objects in honor of Seasonal Day.

# PRIZE WINNERS FROM KG-II A PRIZE WINNERS FROM KG-II B 1 Pranav.M 1 Rithun Krishna.M.G 2 Sarnitha.B 2 Viyash. G. S 3 Vishnu sakeethyan.N 3 Nitin.B.U



#### **PINK DAY CELEBRATION- AUGUST 12**

In order to acquaint the little buds with the concept of pink color, Pink Day was organized for the students of Class Pre-kindergarten on August 12, 2024. Dressed in different shades of pink, the young ones looked charismatic, radiating love, beauty, and kindness. The classrooms were beautifully decorated with an array of pink color objects like balloons, ribbons, soft toys, etc. They provided the students with opportunities to understand color and its importance clearly.



Besides the formal celebrations, touch and find the object - competitions were conducted for the students.



#### THE PRIZE WINNERS FROM PRE - KG

- 1 Yashwanth.D.N
- 2 Shivathmika.S
- 3 Vaishaak.G





#### YELLOW DAY - AUGUST 23

Toddlers in Kindergarten–1 celebrated Yellow Day on August 23, 2024. Yellow stands for happiness, optimism, magnificence, and sunshine. It is a symbol of wisdom, energy, hope, and newness. Yellow Day was designed to teach children about the Color yellow, its meaning, and how to improve their fine motor skills. The lively introduction to the Color yellow kicked off the virtual lesson. Every pupil has on a different shade of yellow. It was fun to watch how our little angels on the golden glow. Students performed incredible plays as well as made clay models.

# PRIZE WINNERS FROM KG-I A PRIZE WINNERS FROM KG-I B 1 Joe drizzle Mathew 1 Diya Lakshmanan 2 Daniel. N. J 2 Mahil Mithran. S. V 3 Tessa Mary. V 3 Ashmitha.S. P





#### NATIONAL FESTIVAL DAY - AUGUST 30

National festivals heightened children's patriotic sentiments, helping them develop into better citizens. At different stages in their lives, children begin to prioritize the country. A child's reaction to learning about a nation's history changes as they grow to value freedom and show respect for flags, symbols, and other national icons. On August 30, our school held a national festival for grades KG-II to foster a sense of patriotism among the children. On the occasion of the national festival day, the students performed amazing dances and colouring activities.

# PRIZE WINNERS FROM KG-II A PRIZE WINNERS FROM KG-II B 1 Abinandhan.R 1 Jashwanth.N 2 Rishika.N 2 Tharagai.V 3 Jessica.J 3 Kirubashini.V

















#### **SUMMER CLASSES FOR STUDENTS.**

The summer season is good for students as they can enjoy long vacations. They do not have to go to school and can enjoy their vacations. They can take part in different activities that they like to do. Here at Carmel JyothiCMI Public School, we conduct summer classes for students to enhance their skills in reading and writing, grammar, and mathematical calculations.

# ROOM FOR LANGUAGE

To incite our pupil's linguistic skills, our instructors have brought up the room for language corner and it will undeniably instigate the folk to study up-to-date terms. Silent letters with examples

LETTER	Examples				
Α	Artistically, Logically, Musically, Physically, critically				
В	Aplomb, Bomb, Climb, Comb, Coulomb, Crumb, Debt,				
С	Abscess, Ascend, Ascent, Conscience, Conscious, Crescent, Descend, Disciple, Evanesce, Fascinate, Fluorescent, Muscle.				
D	Badge, Edge, Handkerchief, Handsome, Hedge, Sandwich, Wedge, Wednesday				
E	Age, Breathe, Bridge, Change, Clothes, Gene, Hate, Like, Love, please, Vegetable				
G	Align, Assign, Benign, Campaign, Champagne, Cologne, Consign, Design, Feign, Foreign, Gnarl, Gnarly, Gnome, Reign, Resign, Sign				
Н	Ache, Anchor, Archaeology, Architect, Chaos, Character, Echo, Ghost, Honest, Hour, Mechanic, Monarchy, Orchestra, Psychic When, Where, Whether, Which, While, White, Wh				
I	Business, Parliament				
K	Knack, Knead, Knee, Kneel, Knew, Knickers, Knife, Knight				
	Almond, Balm, Calf, Calm, Chalk, Could, Folk.				
N	Autumn, Column, damn, Hymn				
P	Coup, Cupboard, Pneumonia, Pseudo, Psychiatrist, Psychic.				
5	Aisle, Island, Patois				
Ţ	Apostle, Bristle, Bustle, Butcher, Castle, Christmas, Fasten, Glisten, Hustle, Listen, Match, Moisten.				
U	Baguette, Biscuit, Building, Circuit, Guile, Guilt, Guitar, Rogue, Silhouette, Tongue, Vogue				
(W)	Answer, Awry, Playwright, Sword, Two, Whole, Wrack, Wrap, Wrapper, Wrath, Wreck, Wreckage, Wren, Wrench, Wrestling, Wretched, Wriggle, Wring, Wrinkle, Wrist, Wrong, Wrote				

#### STUDENTS' CORNER

Resourcefulness is a babitual payment of our passion.

Our Carmelites are essentially blessed with delightful gifts; through students' corners, we are proud to showcase their endowments to the world.



#### 5 Fun Facts about Planets in volcanoes

By Jordan Samuel Grade-3

- Ash from volcanoes can spark lightning.
- → The Ring of Fire contains 75% of volcanoes.
- → Lava from volcanoes build new land.
- → Mauna Loa is taller than Mount Everest.
- Volcanoes released water vapor for us to drink.
- Olympus Mons is the largest volcano in the solar system.



by PRANITH & PRANISH Grade-3

- Toenails grow four times slower than fingernails.
- Men blink half as often as women.
- On average, a man has 6.5 litres of blood in their bodies, while women have 5 litres.
- → Females have eggs that are used to create babies. Eggs are the largest human cell.
- When babies are born, they can only see in black and white. Babies can see colour well by the age of 5 months.
- The human brain is usually more active at night.
- Human noses and ears continue to grow throughout your life, even after you stop growing taller!

#### **NEW GIMMICKS**

New Scientific Innovation junction is intended for training the improvement of the rolling technologies, and our educators astoundingly fashioned it

#### **SOLAR CARS**

It almost looks like a children's toy on roads crowded with ever-bigger trucks and SUVs. But the Solar City car is "surprisingly comfortable." In a sunny environment, the 6.6-foot-long vehicle can go about 13 miles just on the solar



charge from its 250-watts-peak rooftop panel; it can also be plugged in like a regular E.V. With top speeds around 25 miles an hour, the car could be used to run errands or make a short commute, much like a golf cart in the city.

#### **AMENTAL HEALTH MIRROR**

How do you feel when you look in the mirror in the morning? If you're me, "grumpy" and "undercaffeinated" come to mind. Well, Paris-based health tech company Baracoda says its BMind



smart mirror can take one look and tell how you're feeling, then offer "personalized mental health coaching" to help. The technology uses A.I. and natural language processing to analyze expressions and gestures and then provide guided meditations, light therapy, and affirmations. "Technology that can monitor for subtle changes in health has the potential of improving the quality of millions of lives," says CEO Thomas Serval on the company's website. The mirror can also guide you through tooth brushing and analyze your skin's needs. The mirror will be available by the end of the year for between \$500 and \$1,000.

mathematical and logical reasoning.

Puzzles are good for aptitude growth. The act of

putting brainteasers together requires attentiveness

and progresses short-term memory and problem

decrypting. Indeed, the motto behind hosting the

CONUNDRUM Corner is to explode students'

2345+=

**PUZZLE 1** 

**PUZZLE 2** 

**PUZZLE 3** 

1=4 2=16

3=64 4=? 12x12=9 23x23=16 34x34=?

















